### **SUBLIMOOR**

## NOORIA Swiss Collagen Peptides: Skin Elasticity & Structure

Collagen peptides significantly improve skin elasticity (+15%) and hydration (+30%) within 8–12 weeks. Clinical trials also report a >50% reduction in skin roughness and visible smoothing effects. These peptides stimulate collagen synthesis and protect the dermal matrix from age-related degradation.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4594048/

## OMEGIA® (Omega 3-6-7-9): Skin Renewal & Inflammation Balance

Omegia® enhances skin hydration, firmness, and elasticity while reducing wrinkles, redness, and transepidermal water loss. It increases collagen production and improves antioxidant enzyme activity (e.g., catalase). Clinical trials also show reduced TNF-alpha levels, indicating potent anti-inflammatory effects.

https://www.puredia.com/news-content/new-clinical-study-omegia-transforms-s kin-health

https://www.sciencedirect.com/science/article/abs/pii/S1756464623002414

## Cynatine® HNS: Hair, Nails & Skin Cohesion

This hydrolyzed keratin improves hair strength, shine, and growth while reducing hair loss over 90 days. It also strengthens nails and enhances their appearance. Cynatine® supports keratinocyte integrity and improves skin density and firmness.

https://pubmed.ncbi.nlm.nih.gov/25386609/ https://absology.co/en/patents/cynatine-nhs/

### Biotin (Vitamin B7): Hair, Skin & Nail Maintenance

Biotin enhances hair follicle health and may reverse deficiency-related hair thinning. It increases nail thickness (+25%) in people with brittle nails and prevents skin inflammation caused by deficiency.

https://pubmed.ncbi.nlm.nih.gov/29057689/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5582478/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3263050/

Coenzyme Q10: Skin Regeneration & Antioxidant Defense

CoQ10 is a potent antioxidant that supports collagen and elastin synthesis, reducing wrinkle depth and improving skin tone. It protects the skin from oxidative stress and promotes cellular renewal.

https://www.mdpi.com/2076-3921/9/4/341 https://pmc.ncbi.nlm.nih.gov/articles/PMC9309083/

# Ginseng (Panax): Immunity & Skin Fatigue Recovery

Ginseng enhances both mental and physical performance under fatigue while promoting skin vitality. It improves immune function and may support collagen regeneration.

https://www.cambridge.org/core/journals/public-health-nutrition/article/efficacy-and-safety-of-ginseng/6174FB8242BBED5E04776827EEDBF2B7
https://www.webmd.com/diet/supplement-guide-ginseng