

## Supplements for skin

Anti-aging & Bright Skin  
Balance Skin  
Collagen & Skin Defence  
Sun Glow

## Supplements for hair

Stop & Grow Hair  
Healthy & Glowly Hair

## Physical and mental well-being

Calm & Good

## Concern

Hair loss  
Dull and damaged hair  
Acne and Blemishes  
Anti-aging  
Anxiety and stress  
Spots and uniformity of the skin  
Sun without damage

## Our selection

★ Best sellers  
Duos  
Gift sets  
Perfect & Glowly Skin  
Beauty & Glowly Hair

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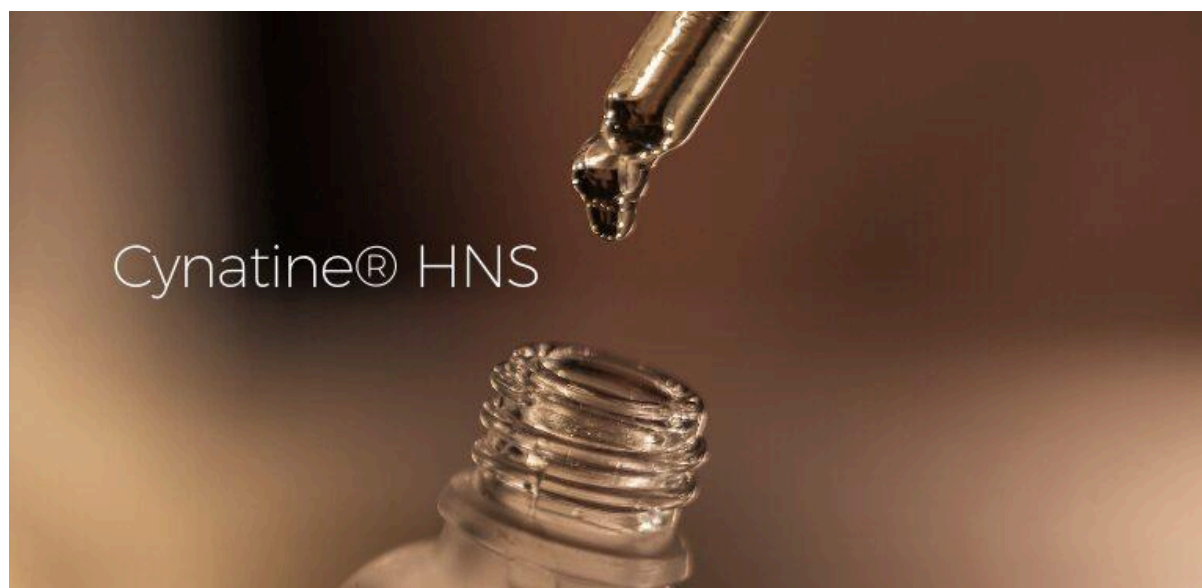
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### **Cynatine® NHS**

Cynatine® HNS is a revolutionary cosmeceutical ingredient composed of solubilized keratin. Derived from sheep's wool, it contains the same amino acid profile required by humans. It is a highly bioavailable, stable and clinically proven form of natural keratin peptides, capable of being administered directly to hair, skin and nails to repair, protect and strengthen them.

Keratin plays an important role in the health of the body. Keratin is part of a family of fibrous structural proteins called scleroproteins and is the key structural material of hair, nails and the outer layer of skin. As we age we lose keratin, which can lead to damage and visible signs of aging.

Clinical studies with Cynatine® HNS have shown that a daily dose of 500 mg for three months can result in shinier hair, stronger nails and healthier skin. It can also reduce hair loss.



## **Hair Benefits of Cynatine® HNS**

91% of users are satisfied

+92% hair shine after 3 months of treatment

+ 20% increase in the structural components of the hair (in particular amino acids: cystine, serine and methionine) which makes it more resistant

Promotes healthy hair growth (+12% of hair in growth phase, anagen)

*Double-blind, placebo-controlled in vivo clinical study carried out for 90 days on 100 people (50 men and 50 women).*

# A clinical trial to investigate the effect of Cynatine HNS on hair and nail parameters

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## Abstract

**Objective:** A new, novel product, Cynatine HNS, was evaluated for its effects as a supplement for improving various aspects of hair and nails in a randomized, double-blind, placebo-controlled clinical trial.

**Methods:** A total of 50 females were included and randomized into two groups. The active group (n = 25) received 2 capsules containing Cynatine HNS, comprised of Cynatine brand keratin (500 mg) plus vitamins and minerals, per day, and the placebo group (n = 25) received 2 identical capsules of maltodextrin per day for 90 days. End points for hair loss, hair growth, hair strength, amino acid composition, and hair luster were measured. End points were also measured for nail strength and the appearance of nails.

**Results:** The results show that subjects taking Cynatine HNS showed statistically significant improvements in their hair and nails when compared to placebo.

**Conclusion:** Cynatine HNS is an effective supplement for improving hair and nails in 90 days or less. EudraCT number is 2014-002645-22.